



Watertown Commission on Aging

Cindy Raymond
Richard Schimmel
Richard Dailing
Mary Fritz-Barfnecht
Tracey Taylor
Kara Cassidy
Katelyn Roilnad
Marty Bergland
Councilmember, Fred McGuire

1. Call To Order
2. Adopt Agenda
3. Approve Minutes
- 3.A. December 3, 2025 Meeting Minutes

Documents:

[DECEMBER 3, 2025 MEETING MINUTES.PDF](#)

4. New Business
- 4.A. Appointment Of Katelyn Roiland As Vice-Chair
- 4.B. Carver County CDA Update - Allison Streich
- 4.C. Coffee With A Healthcare Professional

February 7, 2026 from 10:00am - 12:00pm

- 4.C.i. Document: Feb. 2, 2026 Flyer

Document

Documents:

[COFFEE WITH HEALTH PROF. FLYER.PDF](#)

5. Old Business
- 5.A. Senior Dinner - Thank-You's

6. Updates
 - 6.A. Next Meeting - February 5th
 - 6.B. Deliveries, I.e. Pharmacy, Marketplace
 - 6.C. Transportation
7. Calendar Of Events
 - 7.A. May 2nd Event -- Coffee With ...
 - 7.B. Spring Dance
 - 7.C. Senior Dinner
8. Commissioners Reports
9. Adjourn

Mission

The mission of the Watertown Commission on Aging is to ensure that the city and surrounding townships are prepared to offer growing numbers of older adults the best possible environment in which to live and retire with vitality, dignity and safety.

309 Lewis Avenue S, Watertown, MN 55388



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12/3/2025 - Minutes

1. Call To Order

Chair Chris Boerner called the Commission on Aging meeting to order at 3:30 p.m. on Wednesday, December 3, 2025.

Members Present: Chris Boerner, Richard Dailing, Richard Schimmel, Cindy Raymond, Mary Fritz-Barfnecht, Kara Cassidy, Tracey Taylor, and Marty Bergland

Others Present: Councilmember Liaison Fred McGuire, Administrative Assistant Connie Kammerer, and Community Ed Director Tim Dalton

2. Adopt Agenda

Mary Barfnecht moved to approve the agenda as presented.

Richard Dailing seconded. Motion carried 8-0

3. Approve Minutes

Cindy Raymond moved to approve the Minutes of 11-5-25.

Richard Schimmel seconded. Motion carried 8-0

3.A. Minutes Of 11/5/25

4. New Business

4.A. Voting For Chair And Vice Chair

Mary Barfnecht Moved to Appoint Richard Dailing as Commission Chair replacing Chris Boerner.

Richard Schimmel seconded. Motion carried. 8-0

Mary Barfnecht Moved to Appoint Richard Schimmel as Vice-Chair.

Cindy Raymond seconded.

Richard Schimmel respectfully declined.

Richard Schimmel Moved to Appoint Katelyn Roiland as Vice-Chair.

Marty Bergland seconded. Motion Carried 8-0

4.B. Coffee With A Health Professional

February 7, 2026 is the date for the next series with Coffee with a health professional. Katelyn Roiland will be the presenter discussing end of life, hospice, etc.

Tracey will put together flyers for this event.

4.C. Prioritize Topics For Discussion In 2026

Richard Dailing listed some topics to discuss into 2026.

Spring dance

Event May 2nd (series) what to have?

Senior dinner

Senior housing and what that means (i.e. low income, 55+, 65+), Grant writing, management company

Transportation

Deliveries

5. Old Business

5.A. Recap On Senior Dinner

Discussion and recap of Senior Dinner.

~ serve coffee throughout meal/entertainment

~ start food later, let people sit down (4:45)

~ tables further apart

~ LESS coleslaw

- ~ more decaf coffee over regular coffee
- ~ more hangers for coats
- ~ books/sharing
- ~ TV screen to show photos or info to share

6. Updates

Richard Schimmel provided an update on Coffee with the Doctor. There were approximately 12 people in attendance. Good questions and discussion. Dr. Jensen spoke for about 40 minutes.

Need to get the word out sooner and better for the next event in the series. Discussion about having transportation provided if someone is unable to come.

7. Calendar Of Events

Next meeting, January 7, 2026.

8. Commissioners Reports

9. Adjourn

Marty Bergland moved to adjourn meeting at 4:25 p.m.

Cindy Raymond seconded. Motion carried 8-0

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COFFEE WITH A HEALTHCARE PROFESSIONAL

ADVANCED CARE PLANNING

This course offers an overview of advanced care planning, including advance health care directives, and the role of family, loved ones and healthcare providers in decision-making. Attendees learn to evaluate personal values and wishes, potential healthcare concerns and how treatment may impact quality of life.

SATURDAY, FEBRUARY 7TH, 2026  **10AM - 12PM**

AT WATERTOWN MAYER COMMUNITY LEARNING CENTER

**We are excited to
welcome
Watertown
resident Katelyn
Roiland, a St. Croix
Hospice educator,
who will be
presenting this
course.**

**This event is free, however
pre-registration is
required. To register
please login to your Eleyo
account or call Community
Education at 952-955-0280.**

