



## Watertown Commission on Aging

Cindy Raymond  
Richard Schimmel  
Richard Dailing  
Mary Fritz-Barfnecht  
Tracey Taylor  
Kara Cassidy  
Katelyn Roiland  
Marty Bergland  
Councilmember, Fred McGuire

1. Call To Order
2. Adopt Agenda
3. Approve Minutes
- 3.A. Minutes Of 2/4/26

Documents:

[MINUTES 2-4-26.PDF](#)

4. New Business
- 4.A. Update On Coffee With A Healthcare Provider Programming Event (Feb 7th)
- 4.B. Aging/Senior Advisory Committees Meeting - March 19th
- 4.B.i. Meeting Info

Documents:

[AGING-SENIOR ADVISORY COMMITTEES.PDF](#)

- 4.C. Update On Affordable Housing From DW Jones, Inc.
- 4.D. Holiday Dinner Planning
5. Old Business
6. Updates
- 6.A. Proposal For Grocery Delivery
- 6.B. Proposal For Pharmacy Deliveries

7. Calendar Of Events
8. Commissioners Reports
9. Adjourn

## **Mission**

The mission of the Watertown Commission on Aging is to ensure that the city and surrounding townships are prepared to offer growing numbers of older adults the best possible environment in which to live and retire with vitality, dignity and safety.

**309 Lewis Avenue S, Watertown, MN 55388**



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2/4/2026 - Minutes

1. Call To Order

Chair Richard Dailing called the Commission on Aging meeting to order at 3:35 p.m. on Wednesday, February 4, 2026.

**Members Present:** Richard Dailing, Richard Schimmel, Cindy Raymond, Kara Cassidy, Katelyn Roiland, Mary Fritz-Barfnecht, Tracey Taylor and Council Liaison Fred McGuire

**Members Absent:** Marty Bergland

**Others Present:** Administrative Assistant Connie Kammerer

2. Adopt Agenda

**Commissioner Richard Schimmel Moved to Adopt the Agenda as presented.**

**Commissioner Mary Fritz-Barfnecht Seconded. Motion Carried 7-0**

3. Approve Minutes

**Commissioner Cindy Raymond Moved to Approve the Minutes of 1/7/26.**

**Commissioner Tracey Taylor Seconded. Motion Carried 7-0**

3.A. 1/7/25 Minutes

4. New Business

Corky Iberling joined the meeting and would like to become a member again. She will fill out the application

before the March 4th meeting.

4.A. Treasurer Report

**Commissioner Katelyn Roiland Moved to Approve the Treasurer Report.**

**Commissioner Raymond Seconded. Motion Carried 7-0**

4.B. May 2nd Coffee With ....

Tracey Taylor asked commissioners about their thoughts of moving the topics to a monthly programming event versus doing them quarterly. Tracey mentioned she has talked to a couple speakers and that this could easily be done monthly as a collaboration with Commission on Aging and the Community Ed.

Commissioners all agreed to cancel the May 2nd Coffee with a ... programming event to a monthly event going forward. Topic to be determined.

5. Old Business

5.A. CDA Presentation

5.B. Coffee With A Healthcare Professional

Commissioner Katelyn Roiland will be presenting the programming event this Saturday, February 7th. She will be discussing advanced care planning.

6. Updates

7. Calendar Of Events

8. Commissioners Reports

Tracey Taylor says the Community Ed is hoping to partner with the Watertown Historical Society. Their goal is to organize and set up a museum type room that would be open to the public one to two days a week where items will be on display for residents to stop in and look around.

Tracey also encourages commissioners to recruit more volunteers for the Historical Society as their numbers are very low.

Richard Dailing reported on transportation for Watertown and discussion followed with suggestions of having certain pre-determined destinations once or twice a week, if they could partner with someone to fund a service, driver and vehicle.

Councilmember Fred McGuire said that he would bring that information to the council.

Commissioner Dailing also reported that he has talked to Jim May at Marketplace Foods about promoting deliveries. He will get further clarification on that and correct language to be used so it can get promoted.

Richard also commented that he would like to coordinate with the pharmacy also to be able to promote both at the same time.

9. Adjourn

**Commissioner Roiland Moved to Adjourn at 4:42 p.m.**

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DRAFT

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**From:** Kara Cassidy <kcassidy@carvercountymn.gov>  
**Sent:** Wednesday, February 11, 2026 8:21 AM  
**To:** Connie Kammerer; ddailing@aol.com; maryfritzie@aol.com; tmg0319@gmail.com; suekantorowicz@gmail.com; Fred McGuire; lc88ray@gmail.com; katelynmob@gmail.com; Richard D Schimmel; Tracy Taylor  
**Subject:** Join us for Lunch & Advanced Care Directive Training

**Mark Your Calendar for March 19! Upcoming Event for all Carver County Commissions on Aging/Senior Advisory Committees**

The Chanhassen Commission on Aging and the Chanhassen Senior Center will be hosting an Advanced Directive training on **Thursday, March 19 from 11:30am to 1pm**. The free event is open to all commissioners from Carver County Commissions on Aging/Senior Advisory Committees and will be held at the new Chanhassen Senior Center, 7700 Market Blvd, Chanhassen. Lesley Jensen, LICSW, Social Services Ridgeview will host the session. Lunch will be available. Registration required.

Come learn why it is important to have a health care directive, the process for completing one, and resources available to help guide you. Although all of us tend to put off thinking about what might happen if we lose the ability to make our own decisions, only 1 in 5 Minnesotans have an advanced directive, the Minnesota Board on Aging strongly encourages all adult Minnesotans to formalize their health care and end-of-life wishes.

An Advanced Directive is a written tool used to guide health care decisions when an individual is unable to do so because of a medical condition. Livings Wills and Durable Power of Attorney for Health Care are different types of advanced directives. In Minnesota, the living will and durable Power of Attorney for Health Care are combined and called a Health Care Directive.

You can RSVP by replying to this email.

Thank you!!

Kara

**Kara Cassidy, MPA**

***Public Health Program Specialist, Office of Aging***

**Carver County Health and Human Services**

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